

# Arc School of Ballet Class Schedule:

2010-2011

## Children's Program 3-6 yrs: class times and rehearsals subject to change

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u> 10:30-11:15am	<u>Sunday</u>
Parent/Toddler							
Creative Movement	4:00-4:45pm	9:45-10:30am	9:45-10:30am		9:45-10:30am	9:00-9:45am	
Pre-Ballet	4:00-4:45pm	4:00-4:45pm	4:00-4:45pm			9:45-10:30am	

## Student Program 6-19 yrs: class times and rehearsals subject to change

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u> 10:30-11:30am	<u>Sunday</u>
Elementary 1 & 2	4:45-5:45pm	4:45-5:45pm		4:45-5:45pm			
Elementary 3 & 4			4:45-5:45pm		4:45-5:45pm	11:30-12:30pm	
Intermediate 1 Pre-Pointe			4:45-6:00pm	4:45-6:00pm	4:45-6:00pm	11:30-12:45pm	
Intermediate 2			4:45-6:15pm	4:45-6:15pm	4:45-6:15pm	11:30-12:45pm	
Intermediate 3	4:45-6:15pm	4:45-6:15pm	4:45-6:15pm	4:45-6:15pm		12:45-2:00pm	
Intermediate 4	4:45-6:15pm	4:45-6:15pm	4:45-6:15pm	4:45-6:15pm	4:45-6:15pm	12:45-2:00pm	
Advanced	6:15-7:45pm	6:15-7:45pm	6:15-7:30pm	6:15-7:45pm	4:45-6:15pm	12:45-2:00pm	
Jazz I & II			6:15-7:15pm			1:00-2:00pm	
Jazz III			7:15-8:15pm			2:00-3:00pm	
ASB Rehearsal		6:30-9:00pm				3:00-6:00pm	

## Professional Mentor/Apprentice Program 18-23 yrs: class times and rehearsals subject to change

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u> 12:45-2:00pm	<u>Sunday</u>
Technique		10:30-12:00pm	10:30-12:00pm 6:15-7:30pm	10:30-12:00pm	10:30-12:00pm		
Pointe/Variations			12:00-1:00pm		12:00-1:00pm		
Repertoire/Coaching & Rehearsal		1:30-4:00pm	1:30-4:00pm	1:30-4:00pm	12:30- 4:00pm		
Supplemental Conditioning		12:30-1:30pm		12:30-1:30pm			
Jazz/Modern			7:15-8:15pm			2:00-3:00pm	
ASB School Rehearsal		6:30-9:00pm				3:00-6:00pm	
ARC Company Rehearsal		12:00-4:00pm	12:00-4:00pm	12:00-4:00pm	12:00-4:00pm		

## Adult Open Program: class times and sessions subject to change

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
<b>Gyrokinesis®</b> 5 week session Pre-registration required		6:00-7:00pm				8:00-9:00am	
<b>Beginning Ballet</b> 5 week session Pre-registration required			6:30-7:45pm				
<b>Int / Adv Ballet</b>	6:30-8:00pm						12:00-1:30pm
<b>Int/Adv Jazz</b> 5 week Session Pre-Registration required			7:15-8:15pm				



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